

**Network Minutes**

**Thursday June 9, 2016 CVRD Board Room- 5:30 pm**

**Present:** Denise Williams chair, Robert Calnan co chair, Cindy Lise Regional Facilitator, Sheila Service, Melie De Champlain, John Elzinga, Jan Tatlock, Denise McKinlay, Gretchen Hartley, Joy Emmanuel, Michelle Staples, Valorie Masuda, Colleen Fuller, Jane Osborne, Rhoda Taylor, Robin Routledge, Kate Marsh, Gerry Giles

**Regrets:** Rob Hutchins, David Robertson, Douglas Hardie, Tom Walker, Amy Trippe Brophy, Linda Roseneck, Diane Pope, Aimee Sherwood, Alice Gelpke, Jane Hope

**Absent:** Jennifer Jones, Dave Ehle, Bob Day, Travis Peterson, Gus Williams, Leslie Welin

**Guest:**

**On Leave:** Joanna Nielson, Laura Court

1. **Welcome and introductions.**
2. **Celebrating Network Members –Colleen Fuller Cowichan Basket Society-** Colleen shared the staggering number of community members who are served by the Cowichan Valley Basket Society. In 2015 the statistics for the year include the following:

* Soups served: 36,337
* Sandwiches: 29,881
* Hampers: 5,085
* Fed: 7,763 Adults and 4,352 Children

The community centre and hub is more than a location to access food but is a place where community members come to connect with others and access resources. There are only 2 paid staff and the rest of the program is operated with over 103 volunteers. Without the support of community donations, business and volunteers these community members could not be supported. The need for food in the Cowichan region is growing as is supporting the working poor and number of seniors who come through the doors. Only 10% of those served are identified as homeless with 90% being seniors, families, youth, and the working poor.

1. **Delegation- Sobering and Detox Task Force Report- Denise Williams and Cindy Lise-** A synopsis of the project to date was presented. Our Cowichan and its Task Force partners are thrilled with the outcome of the project and how a request for information turned into a collaborative team who designed the service delivery model for the 6 sobering beds for our region and much more. It was agreed that more work is to be done in this area and in particular dialogue relating to the increase in drug use, overdoses and our response to the increasing number of youth who are engaging in drug use is needed.The Sobering and Detox Task Force will continue to meet and work together to address the gaps and challenges facing this region that were identified in the Sobering and Detox Report. The report has now been presented to the CVRD Regional Services Committee and has been forwarded to the BC Coroner and Island Health. The report is now on the OCCHN website and all members will receive an electronic copy.

Michelle and Kate shared information on the “Reality Check” Program taking place in Cowichan Schools and the significant changes being reported in how our youth are responding to the challenges they face including an increase in depression, hopelessness, cutting/ self harm behaviours and drug and alcohol use.

This topic initiated significant dialogue and conversation with the Network members. It was recommended that it be one of our initial extended dialogue topics to take place under our new meeting format in September.

1. **Spotlight Speaker –** no presenter
2. **Adoption of Agenda- Moved/second Approved**
3. **Minutes from May 12, OCCHN meeting-**  **Carried**
4. **Correspondence:** 
   1. We have received the final Small Grants Report from Cowichan Seniors Foundation for the Brain Fitness Program. This project was temporarily put on hold pending the replacement of a facilitator for the project.
5. **Business Arising from Minutes**:
6. **OCCHN Committee Reports** 
   1. **Business Arising from Admin Committee-**

**Admin Chair**-

* 1. **Budget-** Accepted as presented **Carried**
  2. **Granting-** Small grants project will begin in September. A request for committee members to prepare the RFP and review and vet the applications was put forward.
  3. **Membership**- no new members. We welcome Gerry Giles back to the Network!
  4. **Communications**- We are now out of the OCCHN brochures. It was also noted that the old brochure format does not include the FETCH website so a revision was recommended. Discussion also included other means of disseminating information regarding FETCH and OCCHN which included posters, Facebook and other social media platforms. More in depth dialogue regarding communications will take place at the July OCCHN meeting.

**Motion**- That OCCHN do a run of 1000 new brochures that include the addition of the FETCH on line resource directory as well as a run of posters that will be strategically placed throughout the communities. **Carried**

* 1. **Asset Mapping and Data Collection**- Snaps Shots project with Social Planning Cowichan moving ahead with the hiring of two staff. An email will be going out to the OCCHN and their networks to gather data that organizations may have collected. (The Cowichan Valley Basket Society data listed above is a good example). It was also noted that it is important to understand that some of the data collected will come from the Household data and not the Census data for this round because it was not available. It may alter the conclusions presented by the data.

Michelle also shared information on a Federal Pilot Project that would provide a region with a living wage. There is no formal announcement of this project nor is there a formal application process to be one of the 2 possible communities selected. In light of this, a pro-active campaign to have Cowichan selected is in the process of being developed. Michelle has discovered a contact person and an address so a community wide letter writing and postcard campaign is under development. Our community will also work with Bill Routley and Alistair MacGregor to move this forward within their respected governments. Stay tuned for more information regarding a request for community action.

* 1. **Website**- The website is up to date and includes the Sobering and Detox Report on the home page

1. **OCCHN Liaisons:**
   1. **Collaborative Services Committee**: The CSC is a meeting place for Island Health Leads, Ministry of Health, Division of Family Practice, First Nations Health Authority, First Nations, Community (Via OCCHN Representatives), Cowichan Hospital Foundation and Medical Services Committee. It is a place where dialogue regarding health and health services in the Cowichan region can take place with a cross section of leaders at the table. Having a community voice at the CSC is very important. Conversations at the last CSC included the discussion regarding the differences in vision between Island Health and the Community regarding the building of a Hospice House versus adding beds to the Cairnsmore Residential Care Facility.
   2. **MHSU Collective Impact Initiative:** no report
   3. **Cowichan Valley Hospice project-** The project remains in a roller coaster state as the two parties are working to come to consensus on how to move it forward. It has been agreed that a memorandum of understanding will be brought forward outlining the roles that each of the parties will agree to which may include:
      * Cowichan Valley Hospice paying for the building of a new facility
      * Island Health agreeing to pay for staffing and maintenance of the facility

Members will be notified if a presentation will be made to the Island Health Board of Directors at 1:00 on June 30.

1. **New Business:**
   1. **Transitioning to meeting Every Second Month-** The dialogue that took place at the meeting tonight is an indication of the kind of changes that will have a positive impact on OCCHN. The ability to have deeper and longer conversations will result from adding time to the meetings. If there are any thoughts or questions regarding the transition please contact Cindy or the Co-Chairs.
   2. **Summer Schedule-** *OCCHN* ***WILL*** *be meeting in July.* We will be reviewing our strategic plan to date and will also focus on Communications. Cindy will be taking some time off in the summer but the operations of OCCHN will not be affected. Members will be informed for times that Cindy will be out of the office.
   3. **Airshed Roundtable Growing Impact Session-** OCCHN is the steward for the Cowichan Regional Airshed Roundtable. The airshed roundtable has had the great fortune to be one of the recipients of the BC Healthy Community Growing Impact Grants. This grant provided the opportunity to bring together 20 diverse partners for two days of extensive leadership training. The two days together was instrumental in building the foundation and relationships required to move the complex work of the Airshed Roundtable forward. More Growing Impact coaching and training will take place over the next 5 months. It was shared that this kind of workshop would be instrumental in building the foundation for other complex work with diverse partners in the future.
2. **Regional Anti Smoking Bylaws and Legislation Strategy-** The working group continues to meet to plan how this work can move forward. New insights include shifting our focus from where people cannot smoke to the places where people can smoke. Fast approaching changes to marijuana legislation as well as the rapid growth in E Cigarettes will provide the catalyst for action. Our next steps include the following:

OCCHN will create a presentation to go to municipal councils in September of 2016 with the message of “**Now is the Time**” to be ahead of the legislation regarding marijuana. If councils are reviewing marijuana it is also an opportunity to rewrite the bylaws to include E-cigarettes, smoking and marijuana. It is also the perfect opportunity to create one cohesive and integrated bylaw that includes the CVRD, City of Duncan, Municipality of North Cowichan, Town of Lake Cowichan and Town of Ladysmith.

Our Cowichan will offer to facilitate the process and create a Task Force to bring together key partners from all levels of government, health, First Nations and community to respond to this task. The goal will be to have the Task Force create an integrated bylaw passed as soon as possible.

**NEXT MEETING THURSDAY July 14 6:00 PM- Dinner served at 5:30**

Minutes taken by Cindy Lise- Meeting adjourned at 8:10 pm